



2026 monthly rates

Regence BlueShield/ Asuris Northwest Health

Retiree Healthfirst® 1000

	2026 rate
Retiree	\$1,441.30
Retiree & spouse	\$2,895.12
Spouse only (no Medicare)	\$1,453.82

Retiree HealthFirst® 2500

	2026 rate
Retiree	\$1,357.78
Retiree & spouse	\$2,725.38
Spouse only (no Medicare)	\$1,367.60

Retiree High Deductible Health Plan

	2026 rate
Retiree	\$1,363.66
Retiree & spouse	\$2,739.18
Spouse only (no Medicare)	\$1,375.52

Retiree Medicare Advantage

2026 rate	Rx enhanced plus	Rx enhanced*	Rx classic*
Retiree w/ Medicare A&B	\$500.10	\$300.10	\$130.10
Spouse w/ Medicare A&B	\$500.10	\$300.10	\$130.10

*New plan, available June 1, 2023

Kaiser Permanente

Retiree Kaiser 1000

	2026 rate
Retiree	\$1,449.24
Retiree & spouse	\$2,856.24
Spouse only (no Medicare)	\$1,407.00

Retiree Kaiser High Deductible Health Plan

	2026 rate
Retiree	\$1,230.00
Retiree & spouse	\$2,424.18
Spouse only (no Medicare)	\$1,194.18

Retiree Kaiser Medicare Advantage

	2026 rate
Retiree w/ Medicare A&B	\$587.38
Spouse w/ Medicare A&B	\$587.38

Delta Dental of Washington

Retiree PPO

	2026 rate
Retiree	\$65.44
Retiree + spouse	\$133.36

Willamette Dental

Retiree PPO

	2026 rate
Retiree	\$61.28
Retiree + spouse	\$124.72

Questions? Contact AWC Trust staff at
1.800.562.8981 or
benefitinfo@awcnet.org

Dependent children are eligible for coverage; contact the Trust for rates