

**ASSOCIATION OF WASHINGTON CITIES
EMPLOYEE BENEFIT TRUST**

HEALTH CARE PROGRAM

Meeting Minutes
Cedarbrook Lodge, SeaTac and Online
Thursday, April 25, 2024
11:30 am

Present:

Chair & Northeast Region Trustee, Paul Schmidt, Councilmember, Cheney
Vice Chair & AWC Trustee, Josh Penner, Mayor, Orting
Northwest Region Trustee, Julie Struck, Mayor, South Bend, *departed at 1 pm*
Southeast Region Trustee, Francis Benjamin, Mayor, Pullman
Southwest Region Trustee, Jennifer Jensen, Councilmember, Ruston
AWC Trustee, Wendy Weiker, Councilmember, Mercer Island, *departed at 12 pm*
EBAC Chair, Emily Schuh, Administrative Services Director, Anacortes
EBAC Vice-Chair, Jennifer Gorsuch, Administrative Services Director, Camas, *joined at 12:30 pm*

Staff:

Deanna Dawson, CEO
Gene Emmans, CFO
Carol Wilmes, Director, Member Pooling Programs
Beverly Lakey, Program Director
Brian Parry, Director of Communications
Harizon Odembo, Employee Benefits Manager
Laurell Kaiser, Health Promotion Supervisor
Terri Luther, Marketing and Field Service Manager
Bobbi Fox, Employee Benefits Analyst
Betsy Hildreth, Executive Assistant/Recording Secretary

Others:

Mike Berry, Sarah Redford, Aon
Jake Kalina, RVK

1. *Call to Order, Welcome, and Introductions*

1.1 Welcome, introductions and opening remarks

Chair Paul Schmidt called the meeting to order at 9 am. A quorum was established. Introductions followed.

2. *CEO Report*

2.1 Meeting Overview

Ms. Dawson gave an overview of the meeting.

3. *Governance/Regulatory*

3.1 **Open Public Meeting Act: Call for Public Comment**

Ms. Lakey gave a brief overview of the Open Public Meetings Act in relation to the AWC Trust Health Care Program Board of Trustees.

In accordance with the Open Public Meetings Act RCW 42.30, the AWC Trust Health Care Program Board of Trustees invited public comment.

There was no public comment.

4. *Financial Reports*

4.1 **Trust Health Care Program Investment Report & Investment Strategy**

Jake Kalina of RVK gave an overview of Health Care Program's investment performance through February 29, 2024 and a market update as of March 31, 2024.

4.2 **Trust Health Care Program Year-End 2023 Financial Report, State Auditor's Office Accountability Audit, Annual Financial Audit Status**

Mr. Emmans presented the Health Care Program year-end 2023 unaudited financial report and updated the Board on the status of the 2023 Financial Audit being conducted by Moss Adams.

4.3 **Out-of-Contract Payments**

Ms. Lakey reviewed the one out-of-contract claim approval under the Health Care Program (HCP), since the last HCP meeting in November 2023.

5. *Administration/Operations*

5.1 **November 30, 2023 Health Care Program Board Meeting Minutes**

The Board reviewed the minutes of the November 30, 2023 Health Care Program Board of Trustees meeting.

Motion:

Motion by Wendy Weiker to approve the November 30, 2023 Health Care Program Board of Trustees meeting minutes, second by Julie Struck; motion carried.

Chair Schmidt called for a recess at 11:58 am. The meeting reconvened at 12:30 pm.

5.2 **Status of Pharmacy Benefit Manager Request for Proposal**

Ms. Fox updated the Board on the status of the Pharmacy Benefit Manager request for proposal. Staff received nine proposals, once reviewed, staff will select finalists and conduct interviews May 21-22, to be held at AWC office with possibility of remote attendance. Wendy Weiker volunteered as the main Trust Board panelist and Josh Penner as back up.

6. *Benefit Experience, Trend and Plan Design*

6.1 **Trust Health Care Program Enrollment/Trend/Experience Reports**

Mike Berry and Sarah Redford of Aon reviewed the 2024 year-to-date claims experienced and enrollment data, including 2023 appeals information.

6.2 Plan Considerations/Education

Staff and Mr. Berry presented educational information related to trends in virtual care/primary care access, obesity/weight management strategies, mental health, cancer care and management, and high-cost claimants. Feedback from the March 28 EBAC meeting was also shared with Board members.

7. *Other Business*

7.1 2024 Health Care Program Meeting Schedule & Fiduciary Training

The 2024 Health Care Program Board meeting schedule and fiduciary training opportunities were included in the agenda packet.

8. *Meeting Adjournment*

8.1 Adjourn

Chair Schmidt adjourned the meeting at 2:42 pm.

The foregoing minutes were approved by the Board of Trustees on 9/25/2024.

Date

Signed by:

Paul Schmidt

09684264CD79405...

Chair

ATTEST:

DocuSigned by:

Betsy Hildreth

1380951468B04E9...

Recording Secretary