

**ASSOCIATION OF WASHINGTON CITIES  
EMPLOYEE BENEFIT TRUST**

**HEALTH CARE PROGRAM**

**Meeting Agenda  
Cedarbrook Lodge, SeaTac and Online  
Meeting ID: 821 9593 5335 Passcode: 119103  
Thursday, September 29, 2022  
9:00 am –11:45 am**

**Mission**

*The mission of the AWC Employee Benefit Trust is to provide quality benefit programs and insurance services to Washington cities and towns in an efficient and cost-effective manner through timely information, technical assistance, member education and advocacy.*

**Vision**

*The Employee Benefit Trust is an innovative enterprise that anticipates changes in the benefits marketplace, understands the evolving needs of its members, and provides a sophisticated array of creative and cost effective services that build health and wellness among its members.*

1. **Call to Order, Welcome, and Introductions** *Chair Glenn Johnson*
  - 1.1 Welcome, introductions, and opening remarks
  
2. **CEO Report** *Deanna Dawson, AWC*
  - 2.1 Meeting Overview: **No Board action requested.**
  
3. **Governance** *Beverly Lakey, AWC*
  - 3.1 Open Public Meeting Amendments under RCW 42.30 – Call for Public Comment: **Possible Board action requested.**
  
4. **Administration/Operations** *Chair Glenn Johnson*
  - 4.1 April 28, 2022 Health Care Program Meeting Minutes: **Board action requested.**

5. **2023 Renewal – Benefit Experience and Plan Design**

*Beverly Lakey, Laurell Kaiser AWC;  
Mike Berry, Nicole Persson, Aon*

- 5.1 Experience and 2023 Renewal Projections: **No Board action requested.**
- 5.2 Stop Loss Update: **No Board action requested.**
- 5.3 Proposed Benefit Plan Change – Regence/Asuris/Kaiser Limited Travel Benefit Related to Dobbs v. Jackson Women’s Health Organization Outcome: **Board action requested.**
- 5.4 Proposed Benefit Plan Change – Regence Accountable Health Network: **Board action requested.**
- 5.5 Proposed Benefit Plan Change – Regence/Asuris Nutritional Counseling Coverage: **Board action requested.**
- 5.6 Proposed Benefit Plan Change – Regence/Asuris/Kaiser Bariatric Coverage: **Board action requested.**
- 5.7 Proposed Benefit Plan Change – VSP Plan Enhancements: **Board action requested.**
- 5.8 Proposed Benefit Plan Change – Castlight: Vida Health: **Board action requested.**
- 5.9 Kaiser Permanente 2023 Contract Standardizations: **No Board action requested.**
- 5.10 Regence/Asuris 2023 Contract Standardizations: **Board action requested.**
- 5.11 2023 Rate Renewal Adoption: **Board action requested.**

6. **Financial Reports**

*Gene Emmans, AWC; Olga Darlington, Moss Adams;  
Kyle Plitt, Jake Kalina, RVK; John Clavin, Adam Ware, Merganser Capital Management*

- 6.1 2021 Trust Health Care Program Audit: **Board action requested.**
- 6.2 Trust Health Care Program Second Quarter 2022 Financial Report: **No Board action requested.**
- 6.3 Trust Health Care Program Investment Report; Merganser Investment Manager Presentation: **No Board action requested.**

7. **Meeting Schedule/Training**

*Beverly Lakey, AWC*

- 7.1 2022-2023 Board of Trustees Health Care Program Meeting and Fiduciary Training Schedule: **No Board action requested.**

8. **Adjournment**

*Chair Glenn Johnson*

- 8.1 The regular meeting of the AWC Employee Benefit Trust Health Care Program will adjourn at approximately 11:45 am.