

**ASSOCIATION OF WASHINGTON CITIES  
EMPLOYEE BENEFIT TRUST  
HEALTH CARE PROGRAM**

**Meeting Minutes  
Thursday, April 28, 2022  
Hilton Seattle Airport and Conference Center and Online  
11:00 am**

**Present:**

Chair & Southeast Region Trustee, Glenn Johnson, Mayor, Pullman, *departed at 1:54 pm.*  
Vice Chair & Northeast Region Trustee, Paul Schmidt, Councilmember, Cheney  
Northwest Region Trustee, Julie Struck, Mayor, South Bend  
EBAC Chair, Emily Schuh, Administrative Services Director, Anacortes, *departed at 1:53 pm.*  
EBAC Vice-Chair, Jennifer Gorsuch, Administrative Services Director, Camas

**Staff Present:**

Alicia Seegers Martinelli, Interim CEO  
Gene Emmans, CFO  
Carol Wilmes, Member Pooling Programs Director  
Beverly Lakey, Program Director  
Darla Mansfield, Employee Benefits Supervisor  
Julie McDowell, Health Promotion Supervisor  
Bobbi Fox, Benefits Coordinator  
Terri Luther, Field Service Coordinator  
Betsy Hildreth, Executive Assistant/Recording Secretary  
Renee Villa, Membership Specialist

**Others:**

Mike Berry, Aon  
Kiran Griffith, Perkins Coie  
Jake Kalina, RVK  
Dr. Waring, Dave Domholt, Kaiser Permanente  
Dr. Donna Milavetz, Eileen Walker, Peter McClung, Regence

**Absent:**

AWC Trustee, Amy Ockerlander, Mayor, Duvall  
AWC Trustee, Wendy Weiker, Councilmember, Mercer Island

**1. Call to Order, Welcome, and Introductions**

Ms. Lakey provided opening comments identifying that the Board meeting would be conducted online for health and safety measures and that this meeting does not have a physical location, but members of the public may participate online or by phone. Members of the public were not asked to identify themselves.

Ms. Lakey explained to attendees how to use the functions of the Zoom technology to participate in the web meeting, explained the remote governance procedures, and confirmed that all motions and seconds would be made by name and if necessary, followed by a roll call vote.

Ms. Lakey then asked for verbal confirmation from the participants that they could all hear and be heard and that they all received the agenda materials. Upon confirmation, the meeting was turned over to Chair Glenn Johnson to call the meeting to order.

**1.1 Call to Order**

Chair Glenn Johnson called the meeting to order at 11:00 am. A quorum was established. Ms. Hildreth took roll call.

Chair Johnson called for a recess at 11:05 am. The meeting reconvened at 11:10 am.

**2. *CEO Report***

**2.1 Meeting Overview**

Interim CEO Alicia Seegers Martinelli provided an overview of the meeting.

**3. *Administration/Operations***

**3.1 December 9, 2021 Health Care Program Board Meeting Minutes**

The Board reviewed the minutes of the December 9, 2021 Health Care Program Board of Trustees meeting.

**Motion:**

Motion by Julie Struck to approve the December 9, 2021 Health Care Program Board of Trustees meeting minutes, second by Emily Schuh; motion carried.

**4. *Financial Reports***

**4.1 Trust Health Care Program Investment Report**

Jake Kalina of RVK gave an overview of Health Care Program's investment performance through February 28, 2022.

**4.2 Trust Health Care Program Year-End 2021 Financial Report**

Mr. Emmans presented the Health Care Program year-end 2021 unaudited financial report.

**5. *Benefit Experience, Plan Design***

**5.1 Trust Health Care Program Enrollment and Experience Reports**

Mike Berry of Aon reviewed the 2022 year-to-date claims experience and enrollment data, including 2021 appeals information.

**5.2 Plan Considerations/Education –Weight Management**

Staff, Mr. Berry, and Dr. Avantika Waring from Kaiser Permanente presented information related to weight management services, including coverage and costs associated with adding a bariatric surgical benefit.

Chair Johnson called for a recess at 11:59 am. The meeting reconvened at 12:11 pm.

Dr. Donna Milavetz, Eileen Walker and Peter McClung from Regence presented information related to weight management services, including coverage and costs associated with adding a bariatric surgical benefit.

Staff shared that both presentations were reviewed at the March 31 EBAC meeting; direction from the EBAC to staff was to pursue looking at this coverage as a potential offering. No formal action is requested at this time of the Board. Further research and education on this potential benefit will be shared with EBAC and the Board at upcoming meetings for consideration of the benefit options in 2023.

**5.3 Plan Considerations – Medicare Advantage Retiree Options**

Mr. Berry and Ms. Lakey presented information related to two alternative lower cost post-65 Medicare Advantage retiree plans offered by Regence. Regence representatives were on site to answer questions of Board members.

The EBAC reviewed these options and were interested in moving forward. No formal action is requested at this time by the Board. A formal proposal will be brought before the EBAC and Board during the September meetings.

**6. Other Business**

**6.1 2022 Health Care Program Meeting Schedule/Fiduciary Training**

Ms. Lakey reviewed the 2022 Health Care Program Board meeting schedule and fiduciary training opportunities with the Board.

**7. Meeting Adjournment**

**7.1 Adjourn**

**Motion:**

Motion by Julie Struck to adjourn the meeting at 2:15 pm, second by Paul Schmidt; motion carried.

The foregoing minutes were approved by the Board of Trustees on 9/29/2022.  
Date

  
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Chair

ATTEST:

  
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Recording Secretary